

# Sydney Grammar School Edgecliff

## Menu Term 2 2022

### Drinks

Emma & Toms Juices apple or orange 330ml	\$3.50
Still Water	\$2.50

### Snacks – available for recess & lunch

Home-made Berry Muffin	\$3.50
Yoghurt Pot with berries	\$3.50
Whole Fruit cut into 4's (apple or orange or banana)	\$1.60
Selection of small snack pack chips (gf available)	\$1.00
Large Bryon Bay Dotty Cookie (gf free available)	\$3.50
Carrot & Hommos (gf,v,fd)	\$3.50
Veggie Snack Pack (df,v,gf)	\$3.50
Boiled Eggs (gf,v)	\$3.00
Edamame Beans (gf,v,df)	\$3.00
Bocconcini Cheese & cherry tomatoes (gf)	\$4.00
Cheese & Crackers (gf)	\$3.00

### Sandwiches

GF bread available @ an extra 50c

Extra: - Cheese 30c per slice / Ham 30c per slice

Honey	\$3.00
Vegemite	\$3.50
Cheese	\$3.50
Cheese & salad	\$4.00
Ham Leg	\$3.50
Ham leg & cheese	\$4.00
Ham leg, cheese & tomato	\$4.50
Chicken	\$4.00
Chicken & salad	\$4.50
Egg, Mayo & Lettuce	\$4.50

**Sandwich Lunch Bags \$8.5 (everything your child needs)**

Choice of a sandwich, snack packet of chips, a piece of fresh fruit or veggie snack pack & a bottle of water

**Salads \$6.50**

Chicken, Ham or Avocado

All salads are served with lettuce, cucumber, tomato & carrot

**Salad Specials \$7 Poke Bowls**

**Falafel & Cous Cous** – carrot, tomato, cucumber, chickpeas, hommos & spinach

**Vermicelli Noodles or Brown Rice** (poached chicken, smoked salmon, chicken schnitzel or tofu) -

purple cabbage, carrots, edamame beans, corn, tomato, cucumber, crispy shallots

**Hot Recess** – available everyday

Home- made pork & veggie Sausage Rolls	sm \$3.25 / lg \$5.25
Cheese & Spinach Triangles (v)	\$3.50
Cheese & Tomato Pizza Sub (v)	\$3.00
Steamed Corn Cob (3) (v,gf,df)	\$3.50
Wedges (wed & fri only)	\$3.50
Garlic Bread	\$3.00
Chicken Tenders	\$4.00
Mini Quiches ( 5)	\$4.50
Home-made Beef Pie (lunch only)	\$6.00

## **Hot Meals \$6.50**

### **Monday**

Mini meatballs with penne pasta in a tomato sauce (gf available)

Penn Pasta with tomato & basil (v) gf available

### **Tuesday**

Beef & Bean (gf) **OR** Veggie corn Nachos (v,gf)

Both served with guacamole & sour cream

### **Wednesday**

Homemade Oven baked Mac 'N' Cheese (v)

### **Thursday**

Oven Baked Chicken Tender **OR** Veggie Falafels ( gf,v)

with steamed corn cob & Carrots

### **Friday**

Homemade Buttered Chicken **OR** Buttered Pumpkin & Chickpea

Both served with sweet potato & steamed Jasmine Rice