

Sydney Grammar School Edgecliff

Tuckshop Menu Term 4 2020

Drinks

Emma & Toms Juices apple or orange 330ml	\$3.50
Still Water	\$2.50

Snacks – available for recess & lunch

Home-made Berry Muffin	\$3.50
Yoghurt Pot with berries	\$3.50
Fresh Fruit Salad	\$3.50
Apple Slinky	\$2.00
Whole Fruit (apple, orange, banana)	\$1.50
Selection of small snack pack chips (gf available)	\$1.00
Large Bryon Bay Cookie (gf free available)	\$3.50
Carrot & Hommos (gf,v,fd)	\$3.50
Veggie Snack Pack (df,v,gf)	\$3.50
Boiled Eggs (gf,v)	\$3.00
Edamame Beans (gf,v,df)	\$3.00
Bocconcini Cheese & cherry tomatoes (gf)	\$4.00
Cheese & Crackers	\$3.00

Sandwiches

GF bread available @ an extra 50c

Honey	\$3.00
Vegemite	\$3.50
Cheese	\$3.50
Cheese & salad	\$4.00
Ham Leg	\$3.50
Ham leg & cheese	\$4.00
Ham leg, cheese & tomato	\$4.50
Chicken	\$4.00
Chicken & salad	\$4.50
Egg, Mayo & Lettuce	\$4.50

Sandwich Lunch Bags \$8 (everything your child needs)

Choice of a sandwich, snack packet of chips, a piece of fresh fruit or veggie snack pack & a bottle of water

Salads \$6.00

Chicken, Ham or Avocado

All salads are served with lettuce, cucumber, tomato

Salad Specials \$6.50

Falafel & Cous Cous – carrot, tomato, cucumber, chickpeas, hommos & spinach

Vermicelli Noodles or Brown Rice (poached chicken, smoked salmon, chicken schnitzel or tofu) -

purple cabbage, carrots, edamame beans, corn, tomato, cucumber, crispy shallots

Tuna, mixed beans & Egg – brown rice, parsley, tomato, cucumber, corn & purple cabbage

Hot Recess – available everyday

Home- made pork & veggie Sausage Rolls	sm \$3.00 / lg \$5.00
Steam Chicken Dim Sims	1x \$2.50 / 2x \$5.00
Cheese & Spinach Triangles (v)	\$3.50
Cheese & Tomato Pizza Sub (v)	\$3.00
Steamed Corn Cob (3) (v,gf,df)	\$3.50
Wedges	\$3.50
Chicken Tenders (mon – thurs)	\$3.50

Hot Meals \$6.50

Monday

Honey soy chicken drum sticks with steamed jasmine rice

Roasted zucchini & feta frittata with salad (v,gf)

Tuesday

Wraps – all served with a fresh green apple

Chicken Tenders, iceberg lettuce & mayo

Ham & cheese. iceberg lettuce

Cheese, grated carrot & hummus

Wednesday

Burgers - all served with a fresh green apple

Angus Beef & cheese with tomato sauce

Crumbed Chicken schnitzel with mayo

Spinach & Ricotta veggie pattie with mayo

(all served on a freshly baked Milk bun with iceberg lettuce & fresh tomato)

Thursday

Wraps – all served with a fresh green apple

Chicken Tenders & iceberg lettuce

Ham & cheese. iceberg lettuce

Cheese, grated carrot & hummus

Friday

Chicken Tenders & corn cobs

Spinach & Ricotta filled ravioli with a tomato & basil sauce