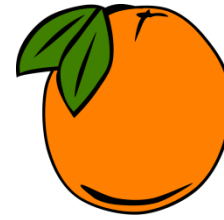


TUCKSHOP MENU – TERM 4

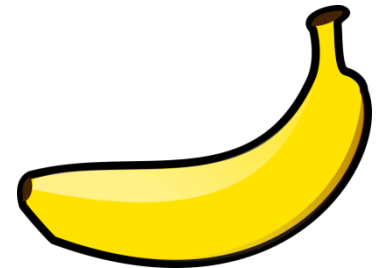
Breakfast

Homemade Mini Muffins (Banana, Apple & Berry)	2.50
Toast (Per Slice)	1.00
Gluten Free Toast (Per Slice)	1.50
Raisin Toast (Per Slice)	1.50
Yoghurt Cup with Fresh Strawberries (GF)	3.00
Pancakes Served with Maple Syrup	2.50



Recess

Homemade Pork Sausage Rolls with lots of Veggies	3.50
Chicken Tenderloins(2 per Serve)	3.00
Cheese & Spinach Triangles (3 per Serve)	2.50
Carrots & Hummus (GF)	2.50
Veggie Snack Pack (GF) (Carrots, Cucumber & Cherry Toms)	3.00
Cheese Cubes & Crackers (GF Available)	2.50



Snacks

Whole Fruit (Apple, Orange, Banana)	1.50
Popcorn (GF)	1.00
Selection of Small Snack Pack Crisps (GF Available)	1.00
Apple Slinky	1.50
Fruit Cups	2.00
Cookies (2 per pack) - Byron Bay	2.50
Quelch Frozen Ice Blocks	1.00

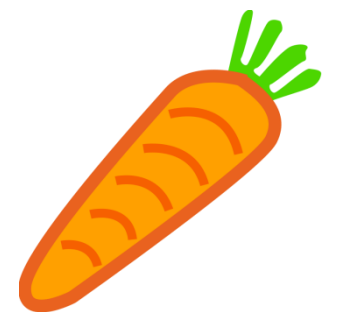


Drinks

Rice Milk (By the Cup)	1.50
Emma & Toms Juices 330ml	3.50
- Orange or Apple	
Water Still (Lunch Box Size)	2.00

Specials \$6.00 Term 4 2018

Monday	(All served with a red apple)
	<ul style="list-style-type: none"> • Chicken Schnitzel Wrap • Falafel Wrap
Tuesday	<ul style="list-style-type: none"> • Nonna's Meatballs with pasta; or • Mac n cheese pasta bake
Wednesday	<ul style="list-style-type: none"> • Buttered chicken with sweet potato & steamed rice; or • Vegetable & lentil stew with steamed rice
Thursday	<ul style="list-style-type: none"> • Chicken pesto pasta with peas & corn; or • Jacket potato with baked beans or cheese & bacon
Friday	(All served with a red apple)
	<ul style="list-style-type: none"> • Chicken Schnitzel Wrap • Falafel Wrap



Sandwiches

(all sandwiches will be made on wholegrain or brown unless requested)
(GF bread available on request @ 50c extra, Toasted @ 50c Extra)

Cheese & Salad	4.00
Ham Leg & Cheese	4.00
Ham Leg, Cheese & Tomato	4.50
Chicken	4.00
Chicken & Salad	4.50
Egg, Mayo & Lettuce	4.00



Salads \$5.00

Chicken
Ham Leg
Avocado

All salads are served with lettuce, cucumber, tomato (please ask at the counter for dressing)

IF YOU CANNOT ORDER ON LINE, please remember:

- Your **NAME, CLASS, ORDER** and **AMOUNT of MONEY ENCLOSED** must be clearly written on your lunch bag.
- If you require a **GLUTEN / LACTOSE FREE** meal please place your order in a clearly marked bag.
- **INFANTS BOYS** must place **RECESS ORDERS** in their **RED** class box
- **ALL BOYS** must collect recess orders & any change (if required) from the tuckshop .
- **ALL RECESS and LUNCH orders must be place on line or at the tuckshop by 8.45am**